Here are the ingredients that I used (there isn't really a recipe):

Shrimp sandwich:

Fresh shrimp

Mayonnaise

Lemon thinly sliced

Dill mixed in the shrimp and as a garnish

Fresh green leaf lettuce ( the curly kind)

The bread was pumpernickel, but you can use rye or sourdough as long as it is a large thin slice and fairly firm.

Beef sandwich:

Dijon mustard and butter on the bread

Thin sliced deli roast beef

Mayonnaise

Pickled beets

Parsley

Cheese sandwich:

Butter on the bread

Havarti cheese (or Swiss)

Thin sliced sweet red pepper

Thin sliced English cucumber

Mayonnaise

Avocado

Salmon sandwich:

Spreadable cream cheese on the bread

Lox

Dill

Mayonnaise

Thin sliced lemon

Capers